International Life Sciences Institute

ILSI Brasil - International Life Sciences Institute - is a nonprofit science organization that coordinates the efforts of scientists from academia, government, and industry, whose mission is to provide science that improves well-being and safeguards the environment. The organization is recognized worldwide for its structure and mode of operation, which brings together a global network of researchers and encourages partnerships.

Founded in 1978, it is headquartered in the United States and has regional branches in various parts of the world: Argentina, South Africa, North America, Brazil, Europe, India, Japan, Korea, Mesoamerica, Mexico, North Andean Region, South Andean Region, Middle East, Southeast Asia (including Australia), Taiwan, and a focal point in China.

Its activities are primarily focused on promoting Quality Science to fulfill its mission.

ILSI Brasil has been operating for 29 years and its creation coincided with the outbreak of the cholera epidemic in the American continent. Its first activity was the organization of an international seminar, which was attended by more than 500 participants, and the subsequent publication of a book on the discussions to prevent and contain the disease.

It provides a neutral forum for experts in the fields of Nutrition, Food Safety, Risk Assessment, and Sustainability to share knowledge and experience through events - symposia, workshops, congresses - in Brazil and abroad, publications, technical/scientific projects, and communication initiatives. Committees are made up of representatives from academia and industry.

Today, our network in Brazil has 29 member companies, including key players in the food, pharmaceutical, agrochemical, and environmental industries. Science comes first in our work, regardless of the results.

Public Benefit:
All scientific activities have a primary public purpose and benefit.

Collaboration:
Scientists from many sectors of society – public and private – can best address complex science and health issues by sharing their perspectives.

Transparency:
All scientific activities are conducted in an open and transparent manner, and all scientific outcomes are made available to the public to ensure confidence in the integrity of the entire process.

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This Annual Report is a document that aims to cover the main activities and results of ILSI Brasil during 2019.

It is quite a challenge to make this summary about an organization formed by eight Task Forces, which held about 50 events, published eight books, developed three scientific projects, as well as three awards ceremonies.

The results are due to the dedication of researchers from some Brazilian states and member companies that staff the Task Forces and Committees with their technical professionals, such as nutritionists and biologists.

It is clearly impossible to gather in a single document such scientific quality and wealth that, through the events alone, has impacted thousands of people at different times, in addition to the 200,000 views on social media and the increasing reach of Electronic Bulletins. Increasing results year after year, whether in volume, maturity, or quality.

These figures tend to grow, which is why ILSI Brasil is continuously open to new researchers, lines of research, and member companies.

The advocacy of science with integrity and ethics remained the focus of ILSI Brasil's activities in 2019, with special dedication to combating so-called fake news and expanding its online presence. These efforts should grow in 2020 as the social environment continues to spread fake news detrimental to the health and well-being of the population.

In addition to summarizing all the 12-month work, this Report rewards the dedication of the teams involved, whether research institutions or private companies, by recognizing their skills and knowledge used in service of a greater good: dissemination of good science and its proper use by the population, regulatory authorities, academia, companies, students, and media.

We hope that the 2019 Annual Report will give you an accurate overview of how the year was for ILSI Brasil and invite you to be part of the results from 2020 onwards.
"What we were and what we are"

In 2020, ILSI Brasil celebrates 30 years of existence! It is a beautiful age!

Founded three decades ago by a small group of researchers from universities and companies linked to ILSI International, it has evolved over time to a structured organization, recognized in the business, academic, and government sectors for its scientific credibility, with an enviable portfolio of activities.

It remains true to its original mission and purposes: to deliver quality science, its use for solving problems and for the well-being of people, always acting in accordance with strict standards of quality and ethics, as expressed in its bylaws.

Over time, its activities have followed the progress of science and participated in the effort to understand and respond to the food and nutrition issues faced in different periods and social strata. This work includes discussion of topics that support the development of public policy and motivate projects in the research community.

Several characteristics have made ILSI an important contemporary institution. Its interdisciplinary, multiprofessional, inter-institutional, and international nature creates a space for dialogue between academia, industry, government, and related scientific societies, with a clear commitment to scientific knowledge and ethical values that are so much sought after nowadays.

Gradually, its founders were joined by others who make up the Board of Directors, Board of Trustees (CCA), Scientific Advisory Committee (C3), and 8 Task Forces. A new administrative organization was established, project advisory committees were created, and they are all together facing the current challenges and dedicated to building the future.

Today, we are confronted with the challenge of feeding with safety, quality and sustainability a growing, urbanized population that lives longer and suffers from diseases caused by both lack and excess of food or inadequate food.

A recent study indicates five trends that will shape the food industry by 2030:

- Economic scarcity in pockets of poverty, new consumer habits, concern for health and well-being, assurance of food safety and traceability, digital transformation and big data, environmental sustainability.

The human food issues on the agenda - and the answers to them - are multidisciplinary and multi-institutional. The increasing complexity of these issues, economic globalization, the speed of scientific advances and their dissemination create new economic opportunities, which also require constant updating of public policies and regulatory agendas, as well as constant information of society.

This scenario requires strong internationalization; exchange of ideas between researchers from national and international companies and our universities and agencies to help establish standards of scientific excellence and technological innovation, giving international prominence to the field.

Challenges and solutions will come to meet basic and applied sciences, innovative technologies, but also social sciences - a meeting for which we must be prepared. Our Annual Meeting, next April, on the topic “Science and technology to face the challenges of health and sustainability”, will take us deeper into this timely topic.

Franco Maria Lajolo
Chair, ILSI Brasil
From the Executive President

The world is experiencing a digital revolution.

A fast, continuous movement that has changed the way we live and communicate. The impact of this revolution has been so relevant on everyone’s life that the expression “VUCA world” has emerged, standing for “vulnerable, uncertain, complex and ambiguous world”.

As a result and amidst this revolution, social media emerged and spread rapidly without barriers. It is hard to find someone who does not participate in at least one of them.

These media were designed to connect people who share common values, thoughts, and goals. That is, when we talk about social media, we talk about bringing people together and sharing knowledge.

ILSI could not be left out of this movement and, in 2019, intensified its presence in social media precisely in order to better connect with people. Especially because, even when we speak on behalf of ILSI, we are talking about the people who form this institution and the researchers who conduct their work and, in a way, connecting them to so many other people.

This social media model gave voice to all individuals, making the public sphere more inclusive and diverse, democratizing opinion. If on the one hand this freedom of expression is desirable and favorable, on the other hand it makes room for the well-known fake news.

In this context, rumors and hoaxes proliferate in geometric progression, causing disorders and losses, economic and psychological, to people and institutions. To make the environment even more complex, we can also say that we are living in the era of post-truth, something that is not synonymous with lie, but rather the relativization of truth, trivialization of data objectivity, and predominance of emotional discourse.

Post-truth and fake news directly affect the scientific world, as we have seen attempts to put opinions and emotions ahead of scientific evidence. For example, in 2019 we saw strong anti-vaccine and flat-earth movements.

This is the context in which ILSI, as an institution promoting science for the benefit of human health and well-being and safeguarding the environment, worked in 2019 to promote high-quality scientific discussions, disseminate scientific evidence, and combat hoaxes in its areas of expertise.

In 2020, we will continue with this challenging work of doing science with ethics and integrity. And this goal will only be achieved with the dedication and scientific rigor of all members of ILSI Brasil.

I am sure that the excellent work of all professionals involved with ILSI, including employees, scientific members, and companies, was essential to the advances and achievements summarized in this Report and that 2020 awaits us with even more opportunities for updating and integrating academic, industry, and government scientists.

Fernanda Oliveira Martins
Interim President, ILSI Brasil
Highlights of Institutional Activities

Another year, ILSI Brasil demonstrated that it practices and values teamwork, the exchange of experiences, and recognition of good scientific research and, above all, strived to disseminate high-level science among diverse audiences to combat myths and rumors in 2019.

Such efforts could be seen on different fronts and with some different audiences, starting with the launch of video lessons on YouTube especially for use in universities. This model was launched at the event “Processed Foods: Fake Food or Fake News?” held by the Healthy Lifestyles Task Force. The focus on combating so-called fake news was not exclusive to this event; on the contrary, ILSI Brasil was attentive to social movements and trends and positioned itself as a reliable source of scientific research to refute widely disseminated false information.

Another example of combating fake news was the event on “chemophobia”, another topic in public debate surrounded by rumors and false statements that generate misinformation and confusion on health and food security issues for thousands of people.

In a show of institutional maturity, some Task Forces worked together to hold events and expanded their view on the same relevant point, such as the breakfast on “botanical extracts”, held by the groups on Functional Foods and on Fortified Foods and Supplements. With the same objective of bringing different perspectives and experiences, some ILSI Brasil initiatives were attended by international guests who, side by side with Brazilian researchers, enriched the debate and dissemination of knowledge. In the same vein, the partnership with PENSI Institute at the breakfast on “family relationship to infant feeding” helped expand horizons and impact more people.

Speaking of impacting people, 2019 was the year in which ILSI Brasil strengthened its profile on LinkedIn, which achieved quality engagement in a short time. Adding its profiles on LinkedIn and Facebook, the institution surpassed 200,000 views on its posts over the year, a period in which more than 60 news articles brought information from ILSI, especially statements by institutional representatives or Task Forces.
In 2019 we accomplished:

1. Poster Presentation
2. 22 External Events
3. 18 Publications
4. 3 Awards
5. 3 Research & Projects
6. 3 Video Lessons
7. 7 Newsletter
8. 30 Internal Events
9. 66 TF and WG Meetings

Social Media
@IlsiBrasil

LinkedIn
Views
176,128

Facebook
Views
37,536
2019 highlights:

- Breakfast on “Family relationship to infant feeding” was a success in form and content by bringing expert Jess Haines, from the University of Guelph, in partnership with PENSI Institute.

- Breakfast on “Botanical Extracts” with Dr. Charles Hu, international expert on the subject, was a partnership between the Task Forces on Functional Foods and on Fortified Foods and Supplements.

- Annual Food Safety Task Force event – “11th Updates on Food Safety” – was held on the topic of sweeteners, with approaches to use and safety.

- “Hot Topic in Pediatrics” was an event with a large number of participants and great repercussion discussing current and relevant topics in child nutrition.

- Event “Processed Foods: Fake Food or Fake News?” by the Healthy Lifestyles Task Force was a milestone because, in addition to addressing a controversial topic, it launched ILSI Brasil’s video lesson model on YouTube.

- 10th Congress and Annual Meeting on the topic “Scientific Integrity in the Food Area”, which sought to align current discussions on the topic, which involves ethics, interactions between academia and industry, consumer relations, and scientific communication, difficulties and challenges.

- Symposia, workshops, and breakfast lectures were part of the agenda with programs that addressed topics within the scope of all Task Forces. Authorized presentations were made available on the website and the events were covered by ILSI Brasil News.

- Creation of “ILSI em Foco”, a modern electronic bulletin with an easy to read and navigate layout, which creates increased traffic on ILSI Brasil website. It had 7 issues in 2019.

- Renewal of the communication area by hiring a specialized agency to deepen and qualify activities with the national press, social media, and other communication tools.

- Video lesson project, coordinated by the Healthy Lifestyles Task Force, which brought together big names from nutrition and food engineering to produce three video lessons that will show the main scientific evidence about what processed foods are in fact.

- Externally, one of the challenges outlined in 2017 was accomplished, with greater interaction between Latin American branches through ILSI LATAM. The Meeting in Costa Rica marked yet another important step in the approach and partnership. A practical result was the nomination of the country to host the Annual Meeting in 2020, which should further boost this integration.

- In the area of publications, a highlight was the article “Familiarity in the context of risk assessment of transgenic crops in the Americas”, written jointly with ILSI Argentina and submitted to Frontiers Bioengineering and Biotechnology, Biosafety and Biosecurity section.

- To innovate its activities, ILSI launched calls that awarded papers within the scope of the Clinical Nutrition and Fortified Foods and Supplements TFs, in addition to the first ILSI Awards, which will contemplate scientific activities that highlight the importance of scientific knowledge in the food area for the development of society.

- “III Foro de Comunicación Responsable en Ciencia y Salud”, held by ILSI LATAM. Flavia Goldfinger, Executive Director of ILSI Brasil, was present supporting and participating in the event, at the auditorium of the Barceló Foundation, in Buenos Aires. Topics such as credibility crisis, era of cyber culture and so-called predatory journals were addressed.
All activities complied with ILSI Global policies and internal guidelines. The involvement and commitment of the team, members, and the Board of Directors was essential to the results achieved.

### Revenue Profile (%)

<table>
<thead>
<tr>
<th>Year</th>
<th>Events and Publications</th>
<th>Financial</th>
<th>Voluntary Contributions</th>
<th>Statutory Contributions</th>
</tr>
</thead>
<tbody>
<tr>
<td>2015</td>
<td>2%</td>
<td>17%</td>
<td>31%</td>
<td>50%</td>
</tr>
<tr>
<td>2016</td>
<td>9%</td>
<td>18%</td>
<td>22%</td>
<td>52%</td>
</tr>
<tr>
<td>2017</td>
<td>4%</td>
<td>16%</td>
<td>26%</td>
<td>54%</td>
</tr>
<tr>
<td>2018</td>
<td>4%</td>
<td>9%</td>
<td>21%</td>
<td>66%</td>
</tr>
<tr>
<td>2019</td>
<td>8%</td>
<td>7%</td>
<td>23%</td>
<td>62%</td>
</tr>
</tbody>
</table>

### Scientific Investment (%)

- **70%** Internal Events
- **18%** Publications
- **12%** External Events

Annual Report - ILSI Brasil
Communication

In 2019, ILSI Brasil’s communication was enhanced as a tool for the institution to advance science with integrity and ethics, in line with the principles of Public Benefit, Collaboration, and Transparency.

Even more intensely than in most organizations, at ILSI Brasil communication initiatives are essential to the fulfillment of its mission. This year, the area played a special role in the development and improvement of strategies and activities to expand the presence of ILSI, its researchers, and the topics of interest to the Task Forces in desired environments and forums, becoming more known and associated with issues of interest.

We used Task Forces and scientific events for two major communication purposes. The first was to give visibility to the event itself to show ILSI’s work, integrity, and quality; and the second was to use such initiatives as tools to disseminate scientific knowledge in an accessible way, without giving up seriousness and depth.

Press relations

ILSI Brasil has taken a more active stance with the national press, whether by creating opportunities to disseminate topics of interest to the Institute or by defending the institution’s positions on specific occasions.

In several situations, under the guidance and supervision of communication professionals, the institution had an intentional presence in media outlets targeted to the general public to share high-quality scientific knowledge with society and combat so-called fake news.

This attitude was an innovation that brought significant, measurable results.
Digital environments

For a more intensive and proactive engagement with the press, ILSI Brasil made adjustments and innovations in its presence in digital environments.

It was the institution’s debut year on LinkedIn, with the clear objective of impacting professionals, whether researchers or companies, to strengthen ILSI’s reputation, attract new partners, and disseminate science.

Another communication strategy adopted in 2019 was the greater targeting of audiences on ILSI Brasil website, which, not only lets people know more about the entity, but also naturally improves the website’s rank in search results, especially on Google.

At the same time, adjustments were made to the Facebook profile to maintain the focus of this channel on the consumer audience while understanding and respecting the differences between the two social medias. In both media, the use of multimedia materials and posts about science were important to take engagement and reach of the content to the next level.

Posts on LinkedIn and Facebook, texts from the Bulletins, and even offline institutional presentations lead people to visit the website.

The Bulletin, ILSI Brasil’s traditional communication tool, was updated, especially in terms of format. A light and pleasant layout was adopted for quick reading and better control of the topics of greater interest to readers. It is important to note that this newsletter had an average opening rate of 25%-30%, which is well above the standard for similar tools, and demonstrates the quality of the list of recipients of the communication.
Scientific Advisory Committee - C3

This highly qualified Committee is formed by prestigious academics who participate voluntarily in ILSI Brasil’s activities.

Members are selected by the Institute’s Board of Directors, and the Task Forces may nominate experts to be invited.

Currently, the Committee is made up of 59 members who do technical work proposing new activities, subject to legitimacy, authority, and consistency with the schedule of initiatives, in addition to suggesting current and emerging topics for congresses and workshops, and assisting the Task Forces.

This select group is composed of the following members:

<table>
<thead>
<tr>
<th>Adriana Pavesi Arisseto Bragotto</th>
<th>UNICAMP</th>
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<tr>
<td>Angelo Zanaga Trapé</td>
<td>Universidade de Campinas</td>
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<tr>
<td>Bernadette D. G. Franco</td>
<td>Universidade de São Paulo</td>
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<tr>
<td>Carlos A. Nogueira de Almeida</td>
<td>Universidade Federal de São Carlos</td>
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<td>Christian Hoffmann</td>
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<td>Claudio Leone</td>
<td>Universidade de São Paulo</td>
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<tr>
<td>Cristiana Leslie Correa</td>
<td>Instituto Brasileiro de Toxicologia</td>
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<tr>
<td>Dan Witzberg</td>
<td>USP / GANEHP Nutrição Humana</td>
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<td>Deise Maria Fontana Capalbo</td>
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<td>Universidade de São Paulo</td>
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<td>Elizabeth de Souza Nascimento</td>
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<td>Eloisa Dutra Caldas</td>
<td>Universidade de Brasília</td>
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<td>Felix Guilhermo Reyes</td>
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<td>Fernanda Luisa Ceragioli Oliveira</td>
<td>UNIFESP</td>
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<td>Flávio A. D. Zambrone</td>
<td>Instituto Brasileiro de Toxicologia</td>
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<td>Flavio Finardi Filho</td>
<td>Universidade de São Paulo</td>
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<tr>
<td>Francisco Paumgarten</td>
<td>Escola Nacional de Saúde Pública, FIOCRUZ</td>
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<td>Franco Maria Lajolo</td>
<td>Universidade de São Paulo</td>
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<td>Helio Vannucchi</td>
<td>USP - Ribeirão Preto</td>
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<td>Ione Pelegatti Lemonica</td>
<td>UNESP - Botucatu</td>
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<td>Jane Mara Block</td>
<td>Universidade Federal de Santa Catarina</td>
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<td>João Ernesto de Carvalho</td>
<td>Universidade de Campinas</td>
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<td>João Lauro Viana de Camargo</td>
<td>UNESP</td>
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<td>João Paulo Fabi</td>
<td>Universidade de São Paulo</td>
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<td>João Roberto de Oliveira do Nascimento</td>
<td>UFMG</td>
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<td>Joel Lamounier</td>
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<td>José Eduardo Dutra de Oliveira</td>
<td>FMRP-USP</td>
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<td>Júlio Sergio Marchini</td>
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<td>Marcelo Cristianini</td>
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<td>Marcelo Roger</td>
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<td>Maria Beatriz Abreu Glória</td>
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<td>Maria Cecília de Figueiredo Toledo</td>
<td>Instituto de Tecnologia de Alimentos</td>
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<td>Maria Teresa Bertoldo Pacheco</td>
<td>USP - Pirassununga</td>
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<td>Mauro Fisberg</td>
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<td>Mauro Moraes</td>
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<td>Neuza Mariko Aymoto Hassimotot</td>
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<td>Olga Maria Silverio Amancio</td>
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<td>Paulo Cesar Stringheta</td>
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<td>Paulo Henrique Fonseca da Silva</td>
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<td>Paulo Barroso</td>
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<td>Paulo Paes Andrade</td>
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<td>Roberta Lara</td>
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<td>Roberto Carlos Burini</td>
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<td>Roseli Sarni</td>
<td>Instituto da Criança - FM - USP</td>
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<td>Rubens Feferbaum</td>
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<td>Silvana Vasconcelos Cançado</td>
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<td>Silvia Berlanga de Moraes Barros</td>
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<td>Sonia Tucunduva Philippo</td>
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<td>Universidade de São Paulo</td>
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<tr>
<td>Walter Colli</td>
<td>Universidade de São Paulo</td>
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Committees and Task Forces

The Scientific Committees are formed by a group of professionals who meet regularly to define initiatives with technical/scientific objectives in line with ILSI’s values and mission. Their function is to monitor matters related to their area of activity, identify topics of interest, guide the Task Forces (TFs), and ensure the flow of communication between the TFs, the Board of Directors, and the Board of Trustees.

The Committees are divided into Risk Assessment, Biotechnology, and Nutrition, and comprise a total of 8 Task Forces.

The Task Forces are aligned with each Committee’s general purposes of identifying and proposing initiatives, developing and executing specific focus programs.

All groups are responsible for fulfilling the general purposes of ILSI Brasil’s activities:

• To bring current and quality scientific knowledge to healthcare professionals.
• To promote discussions between Government, Industry, and Academia in order to build consensus.
• To encourage scientific development.
• To give, promote, and expand access to scientific information.
Agrochemicals Task Force
Toxicological and Environmental Risk Assessment

The Agrochemical Risk Assessment Task Force was created to continue the activities performed by CTSAM - Committee on Toxicology and Environmental Health - and aims to meet the area’s demand by suggesting topics related to Toxicology and Human Risk Assessment relevant to the Brazil and the world. The work is carried out based on the decree establishing Risk Assessment as a tool to assess chemicals for purposes of registration, permission to use, and monitoring.

Specific objectives

• To collaborate to harmonize knowledge concepts in the Toxicology and Human Risk Assessment area.

• To establish a discussion forum regarding the implementation and application of Risk Assessment.

• To develop personnel training and development.

Projects completed in 2019

• GT-POF (Working Group on Family Budget Research) and ANVISA Meeting to present the second phase of the project for the Brazilian food consumption program, based on data from the 2008/2009 POF (Family Budget Research). February 5, Brasilia, DF.

• Breakfast Lecture on “Alternative Methods”. Lectures given: “Opening and contextualization” (Dr. Shadia Catalano); “Allergenicity” (Dr. Marize Valadares, UFG); “Reconstructed human skin model” (Dr. Rodrigo de Vecchi, L’Oreal Episkin). June 25, São Paulo, SP.

• “Chemophobia: fact or fake?” Impact on your daily life.” Topics presented: “Chemicals in daily life” (Dr. Elizabeth Nascimento, FCF/USP); “Chemophobia and communication” (Dr. Gustavo Belchior, Core Us); “Pesticides” (Dr. Edivaldo Vellini, UNESP); “Food additives” (Dr. Ariana Arisseto, UNICAMP); “Cosmetics” (Dr. Maria Inês Harris, Instituto Harris); “Veterinary Drugs” (Dr. Susanne Rath, UNICAMP). December 4, 2019, São Paulo, SP.
Participants in 2019

Scientific Area
Flavio Zambrone (Brazilian Toxicology Institute)
Cristiana Leslie Corrêa (Planitox)

2020 Planning

• Continuation of the work by the GT POF with ANVISA.
• Activities related to Risk Assessment Science.

Funding Companies
ARYSTA
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Food Safety Task Force
Food Safety, except for issues addressed by other Task Forces

The Food Safety Task Force is under the Risk Assessment Committee and was created as a continuation of the work initiated by the Microbiological Risk Assessment Task Force and Food Additives Task Force, which were set up in 2001 and 2002, respectively. From 2005, it was decided to expand the scope of the Task Force to include other aspects related to food safety, such as food allergy, additives, and chemical, physical and biological contaminants.

Specific objectives

- To collaborate to harmonize concepts and apply risk analysis to food.
- To cooperate with government agencies that draft and review regulations in the areas of activity of this Task Force and to provide scientific information to support decision-making.

Projects completed in 2019

- Presentation of the progress report on the study “Assessment of Children’s Exposure to Sweeteners in Foods and Beverages: Regulatory Implications and Health Risks” by Dr. Adriana Arisette (UNICAMP) to the Task Force. February 15, 2019, São Paulo, SP.

- Symposium “11th Updates on Food Safety - Sweeteners”. Topics presented: “Sweeteners in media communication” (Dr. Márcia Terra, SBAN); “Do current use levels for sweeteners affect the intestinal microbiome?” and “A new scientific strategy for assessing safety of steviol glycosides produced using new technologies” (Dr. Ashley Roberts, Intertek); “Review of recent research with sweetener intake data in Latin America” (Dr. Susana Socolovsky, Argentine Food Technology Association); “Effects of aspartame on appetite, blood glucose, and body composition in healthy adults” and “Low-calorie sweeteners: an aid or obstacle to weight control?” (Dr. Richard Mattes, Purdue University); “Regulatory framework for sweeteners in Brazil” (Dr. Livia Emi Inumaru, ANVISA). May 21, 2019, São Paulo, SP.
• Presentation of key points of the 51st Meeting of the Codex Alimentarius Committee on Food Additives (CCFA). May 28, 2019, São Paulo, SP.

• Participation in the Table “Demystifying Nutrition” during the 2nd Brazilian Food and Nutrition Congress (CONBAN) contributing to the lecture “Safety of Sweeteners” (Dr. Maria Cecília Toledo, UNICAMP). June 26, 2019, Teresina, PI.


• Participation in the “4th Workshop – New challenges in Food Safety”, an event held by the School of Food Engineering at UNICAMP. Lecture given: “Food Additives” (Dr. Maria Cecília Toledo, UNICAMP). June 11, 2019, Campinas, SP.

• Presentation of the progress report on the study “Assessment of Children’s Exposure to Sweeteners in Foods and Beverages: Regulatory Implications and Health Risks” by Dr. Adriana Arisseto (UNICAMP) to the Task Force. October 15, 2019, São Paulo, SP.

• Meeting at ANVISA to present the second phase of the study “Assessment of Children’s Exposure to Sweeteners in Foods and Beverages: Regulatory Implications and Health Risks.” November 29, 2019, Brasília, DF.

• Event in conjunction with the Agrochemical Task Force “Chemophobia: fact or fake? - Impact on your daily life.” Topics presented: “Chemicals in daily life” (Dr. Elizabeth Nascimento, FCF/USP); “Chemophobia and communication” (Dr. Gustavo Belchior, Core Us); “Pesticides” (Dr. Edivaldo Vellini, UNESP); “Food additives” (Dr. Ariana Arisseto, UNICAMP); “Cosmetics” (Dr. Maria Inês Harris, Instituto Harris); “Veterinary Drugs” (Dr. Susanne Rath, UNICAMP). December 4, 2019, São Paulo, SP.

Participants in 2019

Scientific Area
Maria Cecília Toledo (UNICAMP)
Adriana Pavesi Arisseto Bragotto (UNICAMP)

2020 Planning

• Production of video lessons on the topics: additives in general, sweeteners, and preservatives.

• 12th Updates in Food Safety. Topic: Contaminants in Foods.

• Continuation of the study “Assessment of Children’s Exposure to Sweeteners in Foods and Beverages: Regulatory Implications and Health Risks” in partnership with the University of Campinas (UNICAMP).

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Biotechnology Task Force
Assessment of the safety of GMOs (Genetically Modified Organisms) to human, animal, and environmental health

The Biotechnology Committee was established in 1999 and follows the working guidelines of the ILSI Research Foundation. Its creation was motivated by the growth of GMO research and marketing in Brazil and worldwide.

The use of Biotechnology, particularly genetic modification through techniques, such as recombinant DNA, has been disseminated because it is one of the tools that enable optimization of existing productive techniques, increase in industrial and agricultural yield, and improvement of the nutritional content and food processing and storage characteristics.

Specific objectives

• To assist in a better understanding of scientific aspects related to environmental, food safety and benefits of the use of GMOs and Biotechnology products.

• To provide up-to-date scientific information that is useful for the development and training of private, government, and academic sector technicians in biosecurity issues.

• To contribute to initiatives by the ILSI Research Foundation.

Projects completed in 2019

• Breakfast Lecture on “Explaining GMO: Production, Risk Assessment and Regulation.” Included the lectures “What is a GMO and how is it made?” (Dr. Magdalena Rossi, IB USP) and “Application of GMO” (Dr. Gustavo Belchior, Core US). March 19, 2019, São Paulo, SP.

• Class for undergraduate students of FEA-UNICAMP on Safety of GMOs, with the support of COMESTAG. Speakers: Dr. Heidge Fukumasu (FZEA-USP) and Dr. Guilherme Cruz (Bayer). March 27, 2019, Campinas, SP.

• Participation in the 15th ISBR Symposium - International Society for Biosafety Research. Side session in conjunction with ILSI Argentina “Familiarity in the Context of Risk Assessment of Transgenic Crops in the Americas.” Included the lectures “Familiarity in the Context of Problem Formulation”
(Dr. Clara Rubinstein, ILSI Argentina); “Familiarity and Safe use history in decisions of the National Technical Biosafety Committee“ (Dr. Patricia Fernandes, UFES); “Regulation of agricultural biotechnology and science: Canadian perspective of conceptual tools for the problem formulation” (Phillip MacDonald, CFIA); “Case study: Transportability of virus-resistant transgenic beans - field studies in Brazil and Argentina” (Facundo Vesprini, Argentine Ministry of Agriculture and Livestock). April 1-4, 2019, Tarragona, Spain.

• Poster presentation “Concept of Familiarity in risk assessment: experience of the Americas” at the 15th ISBR Symposium - International Society for Biosafety Research. Material developed in conjunction with ILSI Argentina. April 1-4, 2019, Tarragona, Spain.

• Participation in the Pint of Science festival with the table “Have you eaten your transgenic today?”. Speakers: Dr. Alda Lerayer (HeLe Consulting) and Dr. Guilherme Cruz (Bayer). May 22, 2019, São Paulo, SP.

• Participation in the 2nd Brazilian Food and Nutrition Congress (CONBAN) with the lecture “GMO Safety” (Dr. Heigde Fukumasu - FZEA USP) at the ILSI table “Demystifying Nutrition”. June 26, 2019, Teresina, PI.

• Preparation of the article “Familiarity in the context of risk assessment of transgenic crops in the Americas”, in conjunction with ILSI Argentina, based on the side session presented at ISBR Congress. Submitted to Frontiers Bioengineering and Biotechnology, Biosafety and Biosecurity section.

• Creation of a table with data from opinions on soybeans approved by CTNBio until 2019, in order to use information on this crop as an example of the evolution of the history of GMOs in Brazil. Continuous work during the second half of 2019.

Participants in 2019
Scientific Area
Deise Maria Fontana Capalbo (EMBRAPA)

2020 Planning
• Booklet “Transgenic soybean as a successful example of GMO safety: CTNBio assessment and the 25 years of transgenic soybean in Brazil.” To be written from the table created by the TF in 2019.

• Publication of the article “Familiarity in the context of risk assessment of transgenic crops in the Americas”, in Frontiers Bioengineering and Biotechnology, Biosafety and Biosecurity section.

• Participation in the Biennial Biosafety Meeting - EBBio.

• Pint of Science 2020.

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Child Nutrition Task Force
Activities focused on the area of child nutrition for age groups up to 10 years

Started in 2011 as a Working Group linked to the Clinical Nutrition Task Force, the team strengthened its objectives and goals until it became an independent Task Force in 2016. Currently, it focuses its activities on nutrition of pregnant women and infants, continuing into expanded Early Childhood (up to 5 years old) and then the school age group until the beginning of adolescence (10 years), considering the peculiarities of these groups in terms of health promotion.

The proposal is to stimulate a multidisciplinary discussion on this universe among professionals from various specialties and help make impartial quality information an important tool for the scientific development of health professionals, which involves monitoring the growth and development of children, thus contributing to the health and quality of human capital in adulthood.

Specific objectives

• To encourage debate on issues related to nutritional needs of pregnant women and children from 0 to 10 years to expand scientific knowledge on the topic.

• To develop actions to further exchange of information among health professionals, companies, academia, scientific and governmental organizations through events and publications.

Projects completed in 2019

• Breakfast lecture on “Nutritional Lipids with a focus on DHA in Childhood”, given by Prof. Dr. Stewart Forsyth, from the University of Dundee, Scotland. March 20, 2019. São Paulo, SP.

• 3rd Hot Topics in Pediatrics - Nutrition in Pediatric Clinical Practice. Topics presented: Roundtable 1: Breastfeeding in Office Practice – “Clinical Management of Lactation: Difficulties in Pediatric Office” (Dr. Marisa da Mata Apriele, SPSP and H. Mário Covas); “How to Approach Infants with Low Gain Weight in Exclusive Breastfeeding” (Dr. Virginia Spinola Quintal, SPSP and UNINOVE). Roundtable 2: Nutritional Supplementation in Pediatrics – “Food Supplements in Pediatrics: When to prescribe?” (Dr. Rubens Feferbaum, ICr HCFMUSP); “How to Assess and Treat Micronutrient Deficiency in the Office?” (Dr. Virginia Wofford, UFTM). Roundtable 3: Facing Childhood Obesity – “Eating Disorders in Pediatrics: The Importance of Early Diagnosis”
• Participation in the 15th Congress of the Brazilian Society of Food and Nutrition at the ILSI table “Food in childhood.” Contributed with the lecture “Food supplements in pediatrics: when to prescribe?” (Dr. Patricia Zamberlan, ICr HCFMUSP). August 28, 2019, São Paulo, SP.

• Participation in ABRAN’s 23rd Brazilian Nutriology Congress at the ILSI table, with the lecture “The protein paradox in children’s health and disease” (Dr. Rubens Feferbaum, ICr HCFMUSP). September 26, 2019, São Paulo, SP.

• Final production and printing of the publication “Micronutrients: from Pregnancy to the first 6 Years of Life”. 9th volume of the Series of Publications by the Child Nutrition Task Force. Authors: Adriana Gisele Silva Leme, Ane Cristina Almeida, Angélica Rodrigues, Carlos Alberto Nogueira-de-Almeida, Corinto Mariani Neto, Fábio Veiga Ued, Ivan Savoioli Ferraz, Leila Leiko Hashimoto, Luciane Luca de Alencar, Luiz Antonio dei Ciampo, Márcia Maria Auxiliadora de Aquino, Mário Cicero Falcão, Mauro Fisberg, Patricia Zamberlan, Rubens Feferbaum, Silvia Maria Francisccato Cozzolino, Virginia Resende.


Participants in 2019

Scientific Area
Rubens Feferbaum (Instituto da Criança – HCFM/USP)

2020 Planning

• Publication of four issues on the following topics: “Cow’s Milk Protein Allergy (CMPA): a practical approach”; “Gastrointestinal Disorders in Early Childhood”; “Childhood Obesity: a practical and multidisciplinary approach”; “Demystifying the use of Dairy and Non-Dairy Products in early childhood”.

• 4th Hot Topics in Pediatrics.

• Participation in ABRAN 2020 Congress.

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Clinical Nutrition Task Force
Foods for population groups with specific physiological and dietary needs

The Task Force was created in 2007 considering that specific population groups have different nutritional needs and there was a need to expand discussions on the topic. The proposal was to help make products offered to such population groups better adapted to them, contributing to the improvement of the quality of life of these groups and the population in general.

Specific objectives

- To stimulate a discussion on issues related to the nutritional deficiencies of population groups with specific physiological and dietary needs.
- To act as a facilitator in the exchange of information between health professionals, academia, government, and companies, helping to reach a consensus on nutritional recommendations for specific groups.
- To improve the quality of life of these population groups.
- To expand networking in this area.

Projects completed in 2019

- Holding of “ILSI Clinical Nutrition Competition 2019 - Nutritional Therapy Quality” to assess improvements achieved in services through the implementation, results obtained, action plan for correction and improvements in Nutritional Therapy Quality Indicators (NTQI). Awards ceremony during ILSI Symposium at GANPÃO 2019, on June 13, 2019, São Paulo, SP.
Participants in 2019
Scientific Area
Dan Linetzsky Waitzberg (HC-USP/GANEPO)

2020 Planning

• Publication on “NTQI Action Plan”.

• Participation in GANEPO 2020 with ILSI Symposium “Advancing nutrition rights of hospital patients: a pharmaceutical/economic assessment”.

• Publication “Demystifying Pharmaceuticals – nutrition economics”. Expected to be printed in 2020.

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Fortified Foods and Supplements Task Force

Fortified Foods and Food Supplements

The Task Force started in 2001 under the name of “Addition of Nutrients” TF. It was renamed in 2004 as Fortified Foods and Supplements and is part of the Nutrition Committee.

The state of malnutrition caused by the shortage of micronutrients has already been widely discussed in scientific and political forums. This situation affects millions of people worldwide and Brazil is one of the nations that suffer most from this public health problem, which has social and economic consequences. In this scenario, food fortification appears as an interesting alternative to combat the problem.

With regard to food supplements, consumption and interest by the population is now a reality. We also have reference values for nutrient intake impacting the development of fortified/enriched products, dietary supplements, mandatory nutritional labeling, and adequate needs of different groups.

Specific objectives

• To stimulate a discussion on food fortification/enrichment and nutritional supplementation as a means of reducing nutritional deficiencies and ensuring adequate intake of nutrients, micronutrients, and bioactive compounds in Brazil.

• To promote the benefits of food fortification and/or adequate supplementation to meet the needs of specific risk groups and population groups, such as athletes, the elderly, pregnant women, nursing mothers, infants, schoolchildren, and preschoolers.

• To cooperate with government agencies by providing scientific information to serve as a basis for the preparation/review of food fortification policies, criteria for adding nutrients to foods, and regulation of dietary supplements and claims.
Projects completed in 2019


• Breakfast Lecture “Botanical Extracts: scientific evidence in favor of use in nutrition” given by Dr. Charles Hu (Amway). August 27, 2019, São Paulo, SP.

• Participation in ABRAN’ 23rd Brazilian Nutriology Congress at the ILSI table, with the lectures “Dietary fibers and chronic diseases: a new perspective on bioactive polysaccharides” (Dr. João Paulo Fabi, FCF USP); “PUFAs and Chronic Diseases” (Dr. Jarlei Fiamoncini, FCF USP); “Protein needs of the elderly” (Dr. Hamilton Roschel, EEFE USP). September 26, 2019, São Paulo, SP.

• Participation in the São Paulo University Pharmacy and Biochemistry Week (FCF/USP) with the lecture entitled “Amino Acids in Sarcopenia” given by Marcelo de Carvalho (ICB-USP). September 27, 2019, São Paulo, SP.

• Final production of the revision and editing of the issue “Vitamin K” of ILSI Brasil Series of Publications: Fully Recognized Nutrient Functions.

• Final production of the revision and editing of the issue “Proteins” of ILSI Brasil Series of Publications: Fully Recognized Nutrient Functions.
Participants in 2019

Scientific Area
Helio Vannucchi (FMUSP-RP)

2020 Planning


• Final production and printing of the publication “Botanical Extracts”.

• Participation in the Brazilian Nutriology Congress (ABRAN).

• Breakfast with international guests. Topics to be defined.

• Publication of a scientific article. Topic to be defined.

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Functional Foods Task Force
Bioactive Compounds, Foods and Ingredients with Functional and/or Health Properties

The Functional Foods Task Force was created in 1999, when the 1st International Seminar on Functional Foods was held in São Paulo in conjunction with the Ministry of Health, and today is part of the Nutrition Committee.

The advancement of knowledge, showing the relationship between food, health/disease, public health costs, and the industry’s interest in meeting the increased consumer demand for healthier food, has generated new products with intended functions that go beyond the well-known nutritional and sensory role of foods. The scientific basis for this relationship is being increasingly revealed by research, opening up the possibility of claims about health properties of these foods. Recently, advances in understanding the complex role of the intestinal microbiome in health have created important opportunities for innovation in the development of new foods, especially probiotics.

Specific objectives

- To promote a better understanding of issues related to bioactive compounds and claims of functional and/or health properties.
- To cooperate with government agencies by providing scientific information to serve as a basis for the preparation/review of regulations on bioactive compounds and claims of functional and/or health properties.

Projects completed in 2019

- Breakfast Lecture on “Food supplements and probiotics: scientific basis, current scenario and prospects”. Included the lectures “Update on dietary supplements” (Fernanda Nogueira, Amway) and “Update on probiotics” (Carolina Zago, DuPont). May 16, 2019, São Paulo, SP.
- Breakfast Lecture on “Vegetable Proteins in Clinical and Sports Nutrition”. Included the lectures “Clinical Nutrition” (Dr. Bárbara Peters, DuPont) and “Sports Nutrition” (Dr. Hamilton Rosdiel, EEFE USP). June 26, 2019, São Paulo, SP.
**Participants in 2019**

**Scientific Area**
Franco Maria Lajolo (FCF-USP)

**2020 Planning**

- 29th International Symposium on Functional Foods and Bioactive Compounds.


- Continuation of activities of the Probiotics Working Group.

- Activities on Proteins (vegetable and animal): cross-cutting theme, may be addressed in several TFs and several aspects.

- Breakfast lectures on specific topics.

- Activities on the topic of fibers, prebiotics, and probiotics.

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Healthy Lifestyles Task Force

Quality of life, health and well-being through better nutritional practices, increased physical activity and other actions, such as sustainability, accessibility, emotional, cultural and social aspects.

The Task Force was established in 2002 under the name “Physical Activity and Weight Control” and has since been part of the Nutrition Committee. In late 2006, it was renamed Healthy Lifestyles TF due to the possibility of being even more comprehensive in its mission of contributing to the promotion of the population’s health combined with the scientific development process.

Nutrition, physical activity and other lifestyle-related factors are determinant for people’s health and quality of life. Obesity has already become a global epidemic and is now one of the major public health problems in many countries. ILSI International has supported several programs and research studies related to the topic.

In Brazil, obesity has been a focus of attention, as the rates have increased, reaching all social classes and is admittedly a risk factor for cardiovascular diseases and other chronic/degenerative diseases.

Well-conducted physical activity is a fundamental factor for preventing obesity and essential for a good quality of life. Every day, more and more people are engaging in sports activities and are concerned with the topic.

In this context, the Healthy Lifestyles TF also highlights the important role of health communication. Due to the wide reach of social media and related controversies, effective communication on topics related to nutrition, physical activity, and healthy lifestyle is increasingly important. The proposal is that clear, objective and scientifically backed information is the basis for building public policies and regulations and reaches the largest number of people. This is also one of main challenges of this TF.
Projects completed in 2019

• Participation in the Pint of Science festival with the table “Fake Food Fake News”. Speakers: Dr. Mauro Fisberg (PENSI Institute) and Fernanda Martins (Unilever). May 21, 2019, São Paulo, SP.

• Participation in the Table “Demystifying Nutrition” at the 2nd Brazilian Food and Nutrition Congress (CONBAN) contributing with the lecture “Restrictive Diets” (Dr. Mauro Fisberg, UNIFESP). June 26, 2019, Teresina, PI.

• Video Lessons on Processed Foods. “Dilemmas of modern food: processed foods” - Dr. Marcelo Cristianini (UNICAMP); “Ultra-processed foods: real concern or unfounded fear?” - Fernanda Martins (Unilever); “Food free: eating without freedom” - Dr. Mauro Fisberg (Instituto PENSI). Available on ILSI Brasil’s YouTube channel.


• Start of writing a publication on the Symposium “Processed Foods: Fake Food or Fake News?“.

• Class for undergraduate students of FEA-UNICAMP: “Class at UNICAMP: Fake Food or Fake News?”, with the support of COMESTAG. Speakers: Dr. Marcelo Cristianini (UNICAMP) Fernanda Martins (Unilever). August 20, 2019, Campinas, SP.

• Participation in the 15th Congress of the Brazilian Society of Food and Nutrition at the ILSI table “Food in childhood.” Contributed with the lectures “Food in Childhood” (Dr. Mauro Fisberg, PENSI Institute) and “Family behavior in food” (Dr. Gabriela Malzyner, PENSI Institute). August 28, 2019, São Paulo, SP.

• Breakfast Lecture on “Family’s relationship to the child’s food” given by Dr. Jess Haines (University of Guelph). October 8, 2019, São Paulo, SP.

• Contribution to PENSI Institute’s 7th Symposium on Food Difficulties: Obesity as a Food Difficulty, held by the PENSI Institute (Child Health Research and Education), with the lecture “From underweight to overweight children - how did we get there?”, given by Dr. Irina Kovalskys (ILSI Argentina). November 30, 2019, São Paulo, SP.
Participants in 2019

Scientific Area
Mauro Fisberg (PENSI Institute)

2020 Planning

• To work together with other TFs on matters of common interest.

• Topics of interest for 2020: prevention strategies in childhood and adolescent obesity; modification of styles in the practice of physical activity; “gyms of the future”; extremities in food; “what is a healthy lifestyle?”.

• To utilize incoming international professionals to organize and optimize specific events.

• Preparation of educational strategies in universities using the video lesson on Processed Foods as a supporting material.

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Industry plays an important role, alongside academia and government, in the initiatives developed by the institute throughout the year. In a neutral discussion forum, science is a priority, and the alignment of activities should converge to this end, regardless of different interests.

ILSI Brasil is a respected source of scientific discoveries that can be used in product development by industries and, in return, industry has contributed its studies and internal experiences, in an exchange of information that can provide quality and safety to consumers. In this scenario, the government is present in structuring regulatory measures.

ILSI Brasil stands out, along with other branches, for the impressive number of members, which today amount to 29 companies.

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